





**10/14/16 – Colorado Federal Executive Board (CFEB)**  
**ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE**  
<http://www.colorado.feb.gov/>

**WOW AWARD WINNERS & NOMINEES | Congratulations and Thank You for your service!**

***The CFEB is pleased to announce the WOW AWARD WINNERS for the 3rd Quarter of 2016***

-  Cynda Devora, Department of Labor, OWCP, Senior Claims Examiner
-  Adam Espinosa, FEMA Region VIII, Operations Specialist
-  Nathan Knapp, FEMA Region VIII, IMAT Team Lead
-  Julie Thuis, NORAD and USNORTHCOM J741

***We extend our sincere thanks to all the outstanding nominees for their dedicated service!***

- ♦ Mouncef Belcaid, Department of Commerce, FirstNet
- ♦ Mirian Cuara, US Geological Survey, CERSC
- ♦ Minda Lucio, Social Security Administration
- ♦ Coleen Weaver, Office of Personnel Management, WMDC

***Do you know a Wonderful Outstanding Worker? Then nominate them for a WOW Award!***  
<https://colorado.feb.gov/programs/awards/wow/>

Nominations are accepted any time and will be evaluated in the quarter in which they are received and awarded in the following quarter at the CFEB Quarterly Meeting.

- ♦ Nominations received October 1 – December 15 | Awarded on the fourth Thursday of January
- ♦ Nominations received January 1 – March 15 | Awarded on the fourth Thursday of April
- ♦ Nominations received April 1 – June 15 | Awarded on the fourth Thursday of July
- ♦ Nominations received July 1 – September 15 | Awarded on the fourth Thursday of October

###

**KNOW YOUR GOVERNMENT**

**When the AARP produces its “Guide to Internet Resources on Aging”, it is supporting which function of an interest group?**

- a. Member Benefits
- b. Education
- c. Representation

- d. Lobbying
- e. Electioneering

\*See below for the answer

###

## OPM TELEWORK WEBINARS

QUESTIONS | [worklife@opm.gov](mailto:worklife@opm.gov)

OPM is hosting a no-cost, virtual two-part series on telework specifically for your supervisors, managers and executives.

### Telework Basics -- Part 1

Thursday, October 20, 2:00-3:30 EST

This is a two part webinar on telework and performance management that will provide Federal managers with the necessary tools to manage employees in a virtual environment. The first part of the webinar series will focus on the key steps for developing a successful telework strategy to ensure program success.

**LINK TO LIVE WEBINAR (NO REGISTRATION REQUIRED):**

<http://web.2.c3.audiovideoweb.com/ca25web26002/7c3flslive1573.html>

**LINK TO LIVE CAPTIONING:** <https://recapd.com/w-b08e11>

### Managing Performance of Virtual Workers -- Part 2

Thursday, October 27, 2:00-3:30 EST

This webinar will provide Federal managers with the necessary tools to manage employees in a virtual environment. The discussion will demonstrate how effective performance management can lead to organizational success in a virtual environment.

**LINK TO LIVE WEBINAR (NO REGISTRATION**

**REQUIRED):** <http://web.2.c3.audiovideoweb.com/ca25web26002/7c3flslive1573.html>

**LINK TO LIVE CAPTIONING:** <https://recapd.com/w-87472e>

###

## HHS & OPM JOINT MEMORANDUM - ENCOURAGING FLU SHOTS

<https://www.chcoc.gov/content/seasonal-flu-prevention-and-protection-federal-workforce>

###

## READING PARTNERS NEEDS TUTORS

[readingpartners.org/volunteer](http://readingpartners.org/volunteer) | [volunteer@readingpartners.org](mailto:volunteer@readingpartners.org)

This year, more than 11,000 students across the country will be enrolled in the Reading Partners program, and they need tutors to ensure students receive the reading support they need. To get started, please complete the online registration process.

###

### **CFEB RETIREMENT PLANNING CLASSES**

<https://colorado.feb.gov/events-training/retirement-classes/>

###

### **UNIVERSITY OF COLORADO MINI-SCHOOL ON GLOBAL AFFAIRS**

Tuesdays in October - November | 7:00 - 8:30 pm

Student Commons Room 1500 | Auraria Campus

FREE | Register online <https://gs.ucdenver.edu/miniglobal/register/>

###

## **OCTOBER**

### **2nd ANNUAL FEDERAL EMPLOYEE ART EXHIBIT & RECEPTION**

October 17-28, 2016 | Exhibition | Byron Rogers Federal Building | 1961 Stout St, Denver, CO

October 18, 2016 | Reception | 4:00 pm | Byron Rogers Federal Building

<http://www.nationalartsprogram.org/venues/state-of-colorado-federal-government>

###

### **BLUEPRINT TO EXCELLENCE SUPERVISORY ACADEMY**

October 18-20, 2016 | 8:30 am - 4:00 pm | Fort Collins CO | **5 seats remaining**

\$290.00 | Online Registration Required | <https://colorado.feb.gov/register/?ee=353>

CONTACT Dave Cawrse | 970 295 5780 | [dcawrse@fs.fed.us](mailto:dcawrse@fs.fed.us)

Transforming Federal Supervisors into Leaders. The 3-day training fulfills annual supervisory training requirements and addresses core competencies in Strategic Thinking, Flexibility, Resilience, Conflict Management, Developing others, Team Building, Customer Service, & Human Capital Management. This training is presented by the Colorado Federal Executive Board Northern Colorado Council.

###

### **LOCAL EMERGENCY PLANNING COMMITTEE**

October 18, 2016 | 6:15 - 8:00 pm | Free

Southwest Improvement Council | 1000 S Lowell Blvd Denver CO  
CONTACT | Carolyn Bluhm | [Carolyn.bluhm@denvergov.org](mailto:Carolyn.bluhm@denvergov.org)

Learn about: Hazards in Denver, Hazardous Material Facilities, Rail Lines, Flood Zones, Tornado Sirens, How the City will alert you during a disaster and prepare yourself and your family for emergencies.

###

## **FEDERAL FORUM ON RESILIENCY AND WELLNESS IN THE WORKPLACE**

October 20, 2016 | 8:00 am – Noon

Department of the Interior | 7401 W Mansfield Dr | Denver CO 80235  
Durango/Telluride Conference Room

FREE | Online Registration Required | <https://colorado.feb.gov/register/?ee=355>

AGENDA | <https://colorado.feb.gov/health-fitness/national-prevention-strategy/>

CONTACT Linda Stopp | 303 844 7891 | [linda.stopp@hhs.gov](mailto:linda.stopp@hhs.gov)

###

## **MINI JOB FAIR**

October 20, 2016 | 10:00 am - 2:00 pm | Fort Carson | Bldg. 6237, 1626 Elwell St, Fort Carson, CO | Open to transitioning Service members, Veterans, and Spouses | Call to sign up 719 526 1001/1002/6465

###

## **IMPROVING BEHAVIORAL HEALTH THROUGH TECHNOLOGY**

October 20 or 21, 2016 | 8:00 am - 4:45 pm | Elkhorn Conference Center | 1725 Woodfill Rd Bldg. 7300 | Fort Carson CO

These are two one day workshops aimed to train DoD and VA behavioral health providers on the core competencies of the use of health technologies in clinical care, including mobile applications and websites to support behavioral health, developed by the Department of Defense and Department of Veterans Affairs.

Register by emailing | Lisa Hutchins | [lisa.r.hutchins.ctr@mail.mil](mailto:lisa.r.hutchins.ctr@mail.mil) | Please specify registration for either 20-October or 21-October

###

## **CAREER MENTORING FORUM**

***by Federal Executives for Federal Employees***

October 26, 2016 | 11:30 am - 12:30 pm

Denver Federal Center | CFEB Training Room | Bldg. 25 | Lakewood CO

Free | Online Registration Required <https://colorado.feb.gov/register/?ee=328>

### **EXECUTIVE MENTORS**

NANCY DRAGANI | FEMA Regional Administrator

SALLIE HOUSER-HANFELDER | VA VHA Director

The CFEB Workforce Development Council (WDC) offers two mentoring forums each year. The council initiated these free mentoring workshops in 2014 after identifying the need for a mentoring program to help grow leaders and enhance professional development across the local federal workforce. The forums connect federal executives with employees seeking career advice and provide a venue for leaders to share information about their career journey including challenges, inspirations, successes, and work life balance. The forums give you exposure to senior leadership, enhances your professional development, and improves communication within the federal community.

###

## **FEDERAL EXECUTIVE ORDER 13693 PLANNING FOR FEDERAL SUSTAINABILITY IN THE NEXT DECADE - REGIONAL ENERGY WORKING GROUP MEETING.**

October 26, 2016 | 9:00 – 10:30 am | Denver Federal Center, GSA Building 41, Montana Room, second floor, Lakewood, CO

Executive Order 13693, Planning for Sustainability in the Next Decade calls on all Federal Agencies to reduce intensity in Federal buildings by 25% by FY2025 relative to the FY2015 baseline. The EO fosters innovation, reducing spending, strengthening the communities in which Federal facilities operate and reducing greenhouse gas emissions across Federal operations and the Federal supply chain. The topic for this Working Group Meeting is Renewable Option in Colorado, presented by Jenny Heeter with NREL. We will also be discussing progress the Steering Committee has made.

The Executive Order may be found at <http://www.fedcenter.gov/programs/co13693>

If you are not in the Denver metro area and would like to participate, join us by calling 1-888-791-5855, passcode 3243454 - the URL is <http://meet.gsa.gov/r2cpxv4s4vf/>

CONTACT | Niki Lecander | 303 236 7302 | [nichole.lecander@gsa.gov](mailto:nichole.lecander@gsa.gov) or Darcy O'Connor | 303 312 6392 | [oconnor.darcy@epa.gov](mailto:oconnor.darcy@epa.gov)

###

## **CFEB QUARTERLY MEETING & TRAINING**

### ***DELIVERING OUTSTANDING CUSTOMER SERVICE***

October 27, 2016 | 7:30 - 11:00 am  
Denver Federal Center | CFEB Training Room | Bldg. 25 | Lakewood CO  
\$28 | Online Registration Required <https://colorado.feb.gov/register/?ee=320>

#### **SPEAKERS**

- ♦ SHEP HYKEN, CSP, CPAE is the CAO (Chief Amazement Officer of Shepard Presentations)
- ♦ MARK GASTA, Executive Vice President and Chief People Officer for Vail Resorts Management Company

###

## ***NOVEMBER & BEYOND***

### **FEDERAL EXECUTIVE ORDER 13693 PLANNING FOR FEDERAL SUSTAINABILITY IN THE NEXT DECADE - REGIONAL WATER WORKING GROUP MEETING.**

November 1, 2016 | 9:00 – 10:30 am | Denver Federal Center, GSA Building 41, Grand Teton Room, second floor, Lakewood, CO

Executive Order 13693, Planning for Sustainability in the Next Decade calls on all Federal Agencies to reduce water consumption in Federal buildings by 36% by FY2025 relative to the FY2007 baseline. The EO fosters innovation, reducing spending, strengthening the communities in which Federal facilities operates and reduces water consumption across Federal operations and the Federal supply chain. The topic for this Working Group Meeting is benchmarking water use in facilities. Benchmarking is a tool used to set and achieve performance targets to reduce water consumption.

The Executive Order may be found at <http://www.fedcenter.gov/programs/co13693>

If you are not in the Denver metro area and would like to participate, join us by calling 1-888-791-5855, passcode 3243454 - the URL is <http://meet.gsa.gov/r6pr14e5pi9>

CONTACT | Niki Lecander | 303 236 7302 | [nichole.lecander@gsa.gov](mailto:nichole.lecander@gsa.gov) or Darcy O'Connor | 303 312 6392 | [oconnor.darcy@epa.gov](mailto:oconnor.darcy@epa.gov)

###

## **DENVER RECLAMATION EMPLOYEES ASSOCIATION 11th ANNUAL VENDOR FAIR**

November 8, 2016 | 8:00 am - 2:00 pm | Denver Federal Center, Bldg. 67, Lobby level | Open to everyone | CONTACT | Susan Ward | 303 445 2690 | [sward@usbr.gov](mailto:sward@usbr.gov)

It's an easy way to do your holiday shopping and find any number of individual and unique gifts, with something for just about everybody.

###

## **MILE HIGH DICE**

### ***Annual CFEB/FEMA Tabletop Exercise on Cybersecurity***

**November 10, 2016 | 8:30 am – 3:45 pm**

#### **LOCATION**

Federal Bureau of Prisons National Corrections Academy  
11900 East Cornell Avenue, Unit C | Vail Room | Aurora, CO 80014

**FREE | ONLINE REGISTRATION REQUIRED | Only 5 seats left**

<https://colorado.feb.gov/register/?ee=354>

*Before you go online to register, make sure you have the name, phone and email of each team member that will attend!*

#### **TARGET AUDIENCE**

- ♦ Federal Agencies | Cities | Counties | State Government (FEMA Region VIII-CO, MT, ND, SD, UT & WY) | Private Sector | Educational Institutions | Nonprofit Organizations
- ♦ Every agency/organization is encouraged to bring a team of seven (7) people to the exercise. One person from each team will take on the role of facilitator during the afternoon exercise.
- ♦ Recommended team members include Executive leadership, IT, HR, PIO, financial, records management, legal counsel, & continuity of operations staff

#### **PURPOSE**

- Mile High DICE provides a forum for interagency coordination and improvement of cyber response/contingency plans and continuity plans.
- The 2016 theme is cybersecurity, which is the RISC (Regional Interagency Steering Committee) priority this year.
- DICE establishes a learning environment for participants to improve their understanding of a cyber incident and examine response/contingency plans to determine their ability to continue their mission essential functions.

## **OBJECTIVES**

- Develop a common understanding of:
  - Cybersecurity threats and vulnerabilities
  - Cyber resources available from the government
- Identify cyber gaps or vulnerabilities that could disrupt delivery of mission essential functions
- Discuss response and recovery of mission essential functions following a cyber event
- Deliver sample tools that will assist in the development of a cyber annex in the organization's plans.

###

## **DENVER VETERANS DAY 5K & 10K RUN**

November 13, 2016 | 8:00 am | Denver City Park | <http://www.denerveteransday.com/run/>

###

## **OPM WMDC LEADERSHIP PROGRAMS CATALOGUE**

<https://colorado.feb.gov/wp-content/uploads/2016/04/2016-OPM-WMDC-Courses.pdf>

###

## **DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS**

Register | <http://www.denvergov.org/oem> | [DenverCERT@denvergov.org](mailto:DenverCERT@denvergov.org) | 303 725 3084

###

## **TRAINING @ DOI UNIVERSITY**

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |

<https://doiu.doi.gov/catalog.html?type=c>

###

## **DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB**

Tuesday's | 11:30 am - 12:30 pm | DFC Building 67, Room 610 | Denver CO

CONTACT Jon Damiano | 303 445 2461 | [jdamiano@usbr.gov](mailto:jdamiano@usbr.gov)

<http://damgoodspeakers.toastmastersclubs.org>

###

## **VAN & CARPOOL**



**MONUMENT TO DOWNTOWN DENVER ROGERS BLDG**

HWY 105 Park & Ride TO 1961 STOUT ST DENVER

DUTY HOURS | Mon – Fri | 6:00 am – 3:35 pm

CONTACT | Janelle McLean | 303 671 1026 | [Janelle.mclean@opm.gov](mailto:Janelle.mclean@opm.gov)

**COLORADO SPRINGS TO LOCKHEED MARTIN FACILITY on West Deer Creek Canyon Rd**

TEJON P&R | North Gate Area to LM-DCF DUTY HOURS | Mon - Fri | 6:00 am - 3:30 pm | (Federal Pay Dates Off) CONTACT | Bobby Adams | 719 246 4884 | [bobby.adams@dcma.mil](mailto:bobby.adams@dcma.mil)

Vanpools needing riders are listed on the CFEB web site

<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to [gpage@colorado.feb.gov](mailto:gpage@colorado.feb.gov)

###

**HEALTH DOES MATTER****Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER**

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | [kiel.hovland@gsa.gov](mailto:kiel.hovland@gsa.gov)

**Tuesday's** | 5:00 – 6:00 pm | Yoga for beginners and intermediates

**Thursday's** | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | [dotys1@yahoo.com](mailto:dotys1@yahoo.com)

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

**FEHB VIRTUAL SERVICE**

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | [kp.org/feds](http://kp.org/feds)

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | [www.kpfedtalk.org](http://www.kpfedtalk.org) | Code kpfedtalk1 | Follow prompts for audio

**Connect with FEDSTRIVE Region 8**

Facebook - <https://www.facebook.com/FedStriveR8>  
[www.FOH.hhs.gov](http://www.FOH.hhs.gov)

**Mile High Walking Club – Byron G Rogers Building**

Every Monday | 12:00 – 12:30 pm | Meet right outside of the Byron Rogers Building

Every Wednesday | 11:30 am – 12:00 pm | Meet right outside of the Byron Rogers Building

Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | [Brittany.plaven@foh.hhs.gov](mailto:Brittany.plaven@foh.hhs.gov)

### **BONFILS DFC BLOOD DRIVE**

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg. 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | [www.bonfils.org](http://www.bonfils.org) (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | [bpalcsak@usgs.gov](mailto:bpalcsak@usgs.gov)

###

### **LIGHTEN UP!**

Always be nice to your children because they are the ones who will choose your rest home.—

*Phyllis Diller*

###

### **PETS OF THE WEEK**

*Adopt a pet and save a life*

**Ferguson | Wheaton Terrier Basset Hound Mix | Male | 2 years old**

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

**Charles (177912) | Cat | Male | 2 years old**

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | [info@fas4pets.org](mailto:info@fas4pets.org)

<http://www.FoothillsAnimalShelter.org>

###

### **VOLUNTEER OPPORTUNITIES**

#### **VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER**

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

###

#### **SISTERHOOD OF THE TRAVELING PETS**

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

###

## JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

### US Forest Service Rocky Mountain Region

<https://fsoutreach.gdcii.com/Outreach/> | Visit <http://www.fs.usda.gov/main/r2/jobs>

### National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Professional Support to Preparedness Unit

[https://www.nowcc.org/r/positions/view.aspx?record\\_id=3705](https://www.nowcc.org/r/positions/view.aspx?record_id=3705)

Community Involvement Support

[https://www.nowcc.org/r/positions/view.aspx?record\\_id=3712](https://www.nowcc.org/r/positions/view.aspx?record_id=3712)

Clean Water Program Administrative Support

[https://www.nowcc.org/states-with-open-positions/position-details/?position\\_id=3718](https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3718)

###

## KNOW YOUR GOVERNMENT ANSWER

**The answer is B:** Interest groups are experts in their policy area, and they see educating their members, elected officials, and the public as a whole as an essential function. The *“Guide to Internet Resources on Aging”* is information that all these constituencies can use. It is not a member benefit because it is broadly accessible. None of the other answers are relevant.

Questions & Answers to Know Your Government come from the *U.S. Government and Politics* book written by Paul Soifer, Wiley Publishing, 2003

###

## CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov) in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

###

*Have a safe and wonderful weekend*

Gay & Jeff

Gay Page | CFEB Executive Director | [gpage@colorado.feb.gov](mailto:gpage@colorado.feb.gov)

Jeff Conn | CFEB Outreach Strategist | [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg. 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

***Working for the greater good by creating partnerships for intergovernmental communication & collaboration!***

Please email [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov) to subscribe or unsubscribe from CFEB email